

# April Lunch Menu 2012



MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY	13
HOLIDAY		OVEN BAKED MACARRONI RUSSIAN STEAK W/ FRENCH FRIES  YOGURT		CASTILLIAN LENTILS FRIED HAKE W/ CORN SALAD  BANANA		SAUTEED GREEN BEANS  POTATO OMELETTE  ORANGE		CREAM OF PUMPKIN  TUNA W/ ONIONS  VANILLA PUDDING	
MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY	20
SPIRAL PASTA W/ CARBONARA SAUCE  PINK FISH W/ OLIVE SALAD  YOGURT		RICE W/ TOMATO SAUCE  SCRAMBLED EGGS W/ HAM  APPLE		BROTH  COMPLETE COCIDO STEW  PINEAPPLE		STEWED POTATOES  SAUSAGE W/ ONION RINGS  FLAN		VEGETABLE PUREE  TUNA EMPANADILLAS W/ CARROT SALAD  STRAWBERRIES	
MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY	27
ITALIAN PASTA  HAKE IN GREEN SAUCE  YOGURT		SAUTEED PEAS  HAM OF SAXONY W/ FRENCH FRIES  ORANGE		BAKED WHITE BEANS  CHICKEN W/ GREEN SALAD  BANANA		STAR SOUP  VEAL MEATBALLS  APPLE		CREAM OF ZUCCHINI  FISH IN SAUCE W/ RICE  CHOCOLATE PUDDING	
MONDAY	30								
HOLIDAY									

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CONSULTE NUESTROS MENUS ESPECIALES PARA EVENTOS , CUMPLEAÑOS O CELEBRACIONES

# Celiac Menu April 2012



MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY	13
HOLIDAY		OVEN BAKED MACARRONI RUSSIAN STEAK W/ FRENCH FRIES YOGURT	CASTILLIAN LENTILS GRILLED HAKE W/ CORN SALAD BANANA	SAUTEED GREEN BEANS POTATO OMELETTE ORANGE	CREAM OF PUMPKIN TUNA W/ ONIONS VANILLA PUDDING				
MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY	20
SPIRAL PASTA W/ CARBONARA SAUCE PINK FISH W/ OLIVE SALAD YOGURT		RICE W/ TOMATO SAUCE SCRAMBLED EGGS W/ HAM APPLE	BROTH COMPLETE COCIDO STEW PINEAPPLE	STEWED POTATOES SAUSAGES W/ ONION FLAN	VEGETABLE PUREE COOKED TUNA W/ CARROT SALAD STRAWBERRIES				
MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY	27
ITALIAN MACARRONI BAKED HAKE W/ SALAD YOGURT		SAUTEED PEAS HAM OF SAXONY W/ FRENCH FRIES ORANGE	BAKED WHITE BEANS GRILLED CHICKEN W/ GREEN SALAD BANANA	NOODLE SOUP VEAL MEATBALLS APPLE	CREAM OF ZUCCHINI BAKED FISH W/ RICE CHOCOLATE PUDDING				
MONDAY	30								
HOLIDAY									

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# Daycare Menu 1 year olds April 2012



MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY	13
HOLIDAY		VEGETABLE PUREE (POTATO, CARROT, GREEN BEANS, ZUCCHINI, GREENS, TURKEY)  VEAL  YOGURT		CREAM OF VEGETABLES (LENTILS, POTATO, ONION, RED PEPPER, CARROT)  FISH  BANANA		VEGETABLE PUREE (POTATO, CARROT, GREENS, GREEN BEANS, FISH)  POTATO OMELETTE  ORANGE		VEGETABLE PUREE (POTATO, CARROT, ZUCCHINI, GREEN BEANS, CHICKEN)  FISH  YOGURT	
MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY	20
VEGETABLE PUREE (GREENS, CARROT, POTATO, GREEN BEANS, VEAL)  FISH  YOGURT		VEGETABLE PUREE (ZUCCHINI, CARROT, POTATO, GREEN BEANS, FISH)  SCRAMBLED EGGS W/ HAM  APPLE		VEGETABLE PUREE (GARBANZOS, ONION, RED PEPPER, CARROT)  CHICKEN  BANANA		VEGETABLE PUREE (GREENS, CARROT, POTATO, GREEN BEANS, CHICKEN)  SALCHICHAS  YOGURT		VEGETABLE PUREE (GREENS, CARROT, POTATO, ZUCCHINI, TURKEY)  FISH  STRAWBERRIES	
MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY	27
VEGETABLE PUREE (GREENS, CARROT, POTATO, GREEN BEANS, VEAL)  FISH  YOGURT		VEGETABLE PUREE (GREENS, CARROT, POTATO, ZUCCHINI, FISH)  HAM OF SAXONY  ORANGE		VEGETABLE PUREE (WHITE BEANS, ONION, CARROT, RED PEPPER, POTATO)  CHICKEN  BANANA		VEGETABLE PUREE (GREENS, CARROT, POTATO, GREEN BEANS, ZUCCHINI, CHICKEN)  VEAL MEATBALLS  APPLE		VEGETABLE PUREE (GREENS, CARROT, POTATO, GREEN BEANS, TURKEY)  FISH  YOGURT	
MONDAY	30								
HOLIDAY									

# Allergic Milk and Egg Menu April 2012



MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY	13
HOLIDAY		OVEN BAKED MACARRONI RUSSIAN STEAK W/ FRENCH FRIES SUGARED SOY YOGURT	CASTILLIAN LENTILS GRILLED HAKE W/ CORN SALAD BANANA	SAUTEED GREEN BEANS TUNA POTATO NEST ORANGE	CREAM OF PUMPKIN TUNA W/ ONIONS CHOCOLATE SOY YOGURT				
MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY	20
ITALIAN SPIRAL PASTA PINK FISH W/ OLIVE SALAD SOY YOGURT FRESA	RICE W/ TOMATO SAUCE CHICKEN W/ SALAD APPLE	BROTH COMPLETE COCIDO STEW PINEAPPLE	STEWED POTATOES SAUSAGE W/ ONION RINGS CHOCOLATE SOY YOGURT	VEGETABLE PUREE COOKED TUNA W/ CARROT SALAD STRAWBERRIES					
MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY	27
ITALIAN PASTA BAKED HAKE SUGARED SOY YOGURT	SAUTEED PEAS PORK LOIN W/ POTATOES ORANGE	BAKED WHITE BEANS GRILLED CHICKEN W/ GREEN SALAD BANANA	STAR SOUP SPANISH-STYLE MEATBALLS APPLE	CREAM OF ZUCCHINI BAKED FISH W/ RICE CHOCOLATE SOY YOGURT					
MONDAY	30								
HOLIDAY									

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# RECOMMENDED DINNER MENU April 2012



MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY	13
HOLIDAY		MIXED SALAD GRILLED SALMON W/ SAUTEED RICE FRUIT	PURE DE VERDURAS SCRAMBLED EGGS W/ HAM FRUIT SALAD	STAR SOUP VEAL W/ SALAD YOGURT		RICE W/ VEGETABLES GRILLED CHICKEN BREAST CHEESE W/ MEMBRILLO			
MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY	20
JULIANA SOUP HAM Y CHEESE TOAST FRUIT SKEWER		CREAM OF ZUCCHINI BAKED HAKE C/ POTATOES AL VAPOR YOGURT	CREAMY RICE W/ FISH TURKEY RAGOUT FRUIT	SPAGHETTI W/ TOMATO SAUCE SPINACH OMELETTE FRUIT SALAD		CHERRY TOMATO Y FRESH CHEESE SKEWER GRILLED PORK TENDERLOIN W/ FRENCH FRIES FRUIT			
MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY	27
CHICKEN NOODLE SOUP ROASTED CHICKEN W/ GREEN SALAD FRUIT COMPOTE		TOMATO, LETTUCE, CHEESE AND NUT SALAD FLOUNDER W/ COOKED RICE CHEESE W/ MEMBRILLO	CREAM OF CARROT SCRAMBLED EGGS W/ SHRIMP YOGURT	MACARRONI W/ HERBS GRILLED SWORDFISH W/ SALAD FRUIT		RICE W/ MUSHROOMS MAGRO W/ TOMATO FRUIT			

MONDAY	30
HOLIDAY	



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# Menu April 2012 Esther Espinel



MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY	13
HOLIDAY		OVEN BAKED MACARRONI RUSSIAN STEAK W/ FRENCH FRIES YOGURT	CASTILLIAN LENTILS CHICKEN W/ SALAD BANANA	SAUTEED GREEN BEANS POTATO NESTS AL GRATIN ORANGE	CREAM OF PUMPKIN STEAK ENONIONDO VANILLA PUDDING				
MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY	20
SPIRAL PASTA W/ CARBONARA SAUCE TURKEY BREAST W/ SALAD YOGURT		RICE W/ TOMATO SAUCE CHICKEN W/ SALAD APPLE	BROTH COMPLETE COCIDO STEW PINEAPPLE	STEWED POTATOES SAUSAGE W/ ONION RINGS FLAN	VEGETABLE PUREE STEAK W/ SALAD STRAWBERRIES				
MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY	27
ITALIAN PASTA SLICED HAM W/ SALAD YOGURT		SAUTEED PEAS HAM OF SAXONY W/ FRENCH FRIES ORANGE	BAKED WHITE BEANS GRILLED CHICKEN W/ SALAD BANANA	STAR SOUP VEAL MEATBALLS APPLE	CREAM OF ZUCCHINI CHICKEN W/ RICE CHOCOLATE PUDDING				

MONDAY	30
HOLIDAY	



# Menu April 2012 Henar Espinel



MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY	13
HOLIDAY		OVEN BAKED MACARRONI RUSSIAN STEAK W/ FRENCH FRIES  YOGURT		PURÉ DE ZUCCHINI  GRILLED HAKE W/ SALAD  BANANA		ARROZ SALTEADO  TUNA POTATO NEST  ORANGE		CREAM OF PUMPKIN  TUNA W/ ONIONS  VANILLA PUDDING	
MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY	20
SPIRAL PASTA W/ CARBONARA SAUCE  PINK FISH W/ OLIVE SALAD  YOGURT		RICE W/ TOMATO SAUCE  SCRAMBLED EGGS W/ HAM  APPLE		NOODLE SOUP  STEAK C/ VERDURAS  PINEAPPLE		STEWED POTATOES  SAUSAGE W/ ONION RINGS  FLAN		VEGETABLE PUREE  TUNA EMPANADILLAS W/ CARROT SALAD  STRAWBERRIES	
MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY	27
ITALIAN PASTA  HAKE IN GREEN SAUCE  YOGURT		CREAM OF ESPINACAS Y CARROT HAM OF SAXONY W/ FRENCH FRIES  ORANGE		RICE W/ VEGETABLES  CHICKEN W/ GREEN SALAD  BANANA		STAR SOUP  VEAL MEATBALLS  APPLE		CREAM OF ZUCCHINI  FISH IN SAUCE W/ RICE  CHOCOLATE PUDDING	
MONDAY	30								
HOLIDAY									

# Menu April 2012 Carlos Marti



MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY	13
HOLIDAY		OVEN BAKED MACARRONI RUSSIAN STEAK W/ FRENCH FRIES YOGURT	CASTILLIAN LENTILS CHICKEN W/ SALAD BANANA	SAUTEED GREEN BEANS POTATO NESTS AL GRATIN ORANGE	CREAM OF PUMPKIN STEAK ENONIONDO VANILLA PUDDING				
MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY	20
SPIRAL PASTA W/ CARBONARA SAUCE TURKEY BREAST W/ SALAD YOGURT		RICE W/ VEGETABLES CHICKEN W/ SALAD APPLE	BROTH COMPLETE COCIDO STEW PINEAPPLE	STEWED POTATOES SAUSAGE W/ ONION RINGS FLAN	VEGETABLE PUREE STEAK W/ SALAD STRAWBERRIES				
MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY	27
SAUTEED PASTA W/ GARLIC SLICED HAM W/ SALAD YOGURT		SAUTEED PEAS HAM OF SAXONY W/ FRENCH FRIES ORANGE	BAKED WHITE BEANS GRILLED CHICKEN W/ SALAD BANANA	STAR SOUP VEAL MEATBALLS APPLE	CREAM OF ZUCCHINI CHICKEN W/ RICE CHOCOLATE PUDDING				
MONDAY	30								
HOLIDAY									

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# Allergic Eggs Menu April 2012




MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY	13
HOLIDAY		OVEN BAKED MACARRONI RUSSIAN STEAK W/ FRENCH FRIES YOGURT	CASTILLIAN LENTILS GRILLED HAKE W/ CORN SALAD BANANA	SAUTEED GREEN BEANS TUNA POTATO NEST ORANGE	CREAM OF PUMPKIN TUNA W/ ONIONS VANILLA PUDDING				
MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY	20
SPIRAL PASTA W/ CARBONARA SAUCE PINK FISH W/ OLIVE SALAD YOGURT		RICE W/ TOMATO SAUCE CHICKEN W/ SALAD APPLE	BROTH COMPLETE COCIDO STEW PINEAPPLE	STEWED POTATOES SAUSAGE W/ ONION RINGS FLAN	VEGETABLE PUREE COOKED TUNA W/ CARROT SALAD STRAWBERRIES				
MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY	27
ITALIAN PASTA BAKED HAKE W/ SALAD YOGURT		SAUTEED PEAS HAM OF SAXONY W/ FRENCH FRIES ORANGE	BAKED WHITE BEANS GRILLED CHICKEN W/ SALAD BANANA	STAR SOUP VEAL MEATBALLS APPLE	CREAM OF ZUCCHINI BAKED FISH W/ RICE CHOCOLATE PUDDING				
MONDAY	30								
HOLIDAY									

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# Allergic Milk Menu April 2012



MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY	13
HOLIDAY		OVEN BAKED MACARRONI RUSSIAN STEAK W/ FRENCH FRIES SUGARED SOY YOGURT		CASTILLIAN LENTILS GRILLED HAKE W/ CORN SALAD BANANA		SAUTEED GREEN BEANS POTATO OMELETTE ORANGE		CREAM OF PUMPKIN TUNA W/ ONIONS CHOCOLATE SOY YOGURT	
MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY	20
ITALIAN SPIRAL PASTA PINK FISH W/ OLIVE SALAD SOY YOGURT FRESA		RICE W/ TOMATO SAUCE SCRAMBLED EGGS W/ HAM APPLE		BROTH COMPLETE COCIDO STEW PINEAPPLE		STEWED POTATOES SAUSAGE W/ ONION RINGS CHOCOLATE SOY YOGURT		VEGETABLE PUREE TUNA EMPANADILLAS W/ CARROT SALAD STRAWBERRIES	
MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY	27
ITALIAN PASTA BAKED HAKE SUGARED SOY YOGURT		SAUTEED PEAS PORK LOIN W/ POTATOES ORANGE		BAKED WHITE BEANS GRILLED CHICKEN W/ GREEN SALAD BANANA		STAR SOUP SPANISH-STYLE MEATBALLS APPLE		CREAM OF ZUCCHINI BAKED FISH W/ RICE CHOCOLATE SOY YOGURT	
MONDAY	30	   		HOLIDAY					

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# Allergic Vegetables and Eggs April 2012

MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY	13
HOLIDAY		OVEN BAKED MACARRONI RUSSIAN STEAK W/ FRENCH FRIES YOGURT	PURÉ DE ZUCCHINI GRILLED HAKE W/ SALAD DE MAIZ BANANA		ARROZ SALTEADO TUNA POTATO NEST ORANGE		CREAM OF PUMPKIN TUNA W/ ONIONS VANILLA PUDDING		
MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY	20
SPIRAL PASTA W/ CARBONARA SAUCE PINK FISH W/ OLIVE SALAD YOGURT		RICE W/ TOMATO SAUCE CHICKEN W/ SALAD APPLE		NOODLE SOUP STEAK C/ VERDURAS PINEAPPLE		STEWED POTATOES SAUSAGE W/ ONION RINGS FLAN		VEGETABLE PUREE COOKED TUNA W/ CARROT SALAD STRAWBERRIES	
MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY	27
ITALIAN PASTA BAKED HAKE W/ SALAD YOGURT		CREAM OF ESPINACAS Y CARROT HAM OF SAXONY W/ FRENCH FRIES ORANGE		RICE W/ VEGETABLES GRILLED CHICKEN W/ SALAD BANANA		STAR SOUP VEAL MEATBALLS APPLE		CREAM OF ZUCCHINI BAKED FISH W/ RICE CHOCOLATE PUDDING	
MONDAY	30								
HOLIDAY									

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